



International Rafting Federation

International Whitewater Guide Championships

Individual and Team Race

Location: River Salza - Wildalpen, Austria / Campingplatz Wildalpen

Date: 17-18 October, 2009

Registration:

- by deadline 01.10.2009
- via email: gaspar.goncz@yahoo.com
- Individually or 3 persons` teams (kayaks and inline-rafts allowed)
- Registration fees: 15Eur for the individual race, 30Eur/team for the team race, 10Eur/team for the R2X

Individual Race:

Competitors have one run through the rapid of Wildalpen (400m), along this run they need to solve basic rescue situations. Exercises contains throwbagging, swimming (in case of suitable weather conditions), ferry gliding, re-flipping raft, getting dummy-swimmer back onto the raft, equipment recovery, tying basic knots and anchors (tape knot/ water knot, figure 8, clove hitch, italian hitch, prusik knot, no-knot around a tree), self rescue, towing.

Team Race:

3 persons` teams have to run through the rapid of Wildalpen (400m), along which they need to solve static and dynamic rescue situations. examples: flip recovery, swimmers and equipment recovery. Techniques to know: stabilizing foot entrapment, Zip-line, Z-drag, 2point raft lower system, live bait.

Inline-raft cross:

2 person inline-rafts (outsiders, inflatable canoes), competing 4 at a time against each other. 2 going forwards 2 eliminates. (like kayak cross or border cross)

Format:

Both Individual and Team race competitors will be split in two groups. When Group 1 is competing Group 2 is doing safety coverage, afterwards Group 2 is competing and Group 1 covering.

Judges will have the right to stop a competitor's run or exclude/disqualify anyone from the race due to safety reasons. The Race is against the clock, penalty seconds will be given by the judges when they need to interrupt for safety reasons or when the tasks during the run are not completed correctly.

Program:

17th October

- 8.30-9.30 Registration paperwork
- 10.00 Compulsory Safety Briefing for everyone and introduction of exercises
- 10.45 Demonstration Run
- 11.00-12.30 Group 1 - Individual Guide Race
- 12.30-13.30 Lunch break
- 13.30-15.00 Group 2 - Individual Guide Race
- 15.30-18.00 R2X - inline-raft cross

18th October

- 09.00 Compulsory Safety Briefing for everyone and introduction of exercises
- 10.00 Demonstration Run
- 10.30-12.30 Group 1 - Team Race
- 12.30-13.30 Lunch Break
- 13.30-17.00 Group 2 - Team Race
- 17.00 Prize Giving

Minimum required personal equipment:

- whitewater helmet
- PFD with safety buckle
- proper footwear and clothing (water and outside temperature can be as low as 6-10C)
- river-knife
- whistle
- min. 2 screw-gate carabiners
- min. 3m flip line
- min. 15m throwbag
- own whitewater craft and accessories

Accommodation possibilities, to be arranged individually:

- Camping at the location, Campingplatz Wildalpen -appx. 8Eur/pers/night // camping@wildalpen.at
- Hotel and/or apartment can be booked via **tourismus@wildalpen.at**

Meal:

Grocery Store and restaurants can be find within walking distance in Wildalpen. Saturday and Sunday 1 hot meal will be provided for competitors.

Feel free to contact for further information,

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