



**World Rafting Championship R4**  
**From July 13<sup>th</sup> – July 19<sup>th</sup> 2010**

Dear rafting federation and athletes,

On behalf of the organising committee I hereby would like to invite you for the Worlds rafting R4 2010 in our Dutch Water Dreams complex in Zoetermeer / the Netherlands. Please find a short outline of the event and a registration form attached. For the official requirements to enter this A-level competition please see IRF race rules (<http://www.intraftfed.com/competition/files/RaceRulesFeb2009updates.pdf>).

To have a good view on the number of teams participating, it would be essential to know if you will be present at the Worlds 2010. Could you please inform us as soon as possible whether you think you will be present? Details regarding e.g. additional hotel rooms or transportation can be communicated in a later stage.

If you have any questions pertaining to the outline and / or registration, please feel free to contact me via details below.

Sportive regards,

Ella Oesterholt & Rob van Duijn  
Project committee WRC 2010  
Dutch Water Dreams

Pieter Bekkers  
Project committee WRC 2010  
Dutch Rafting Federation



## **World Rafting Championship R4** **From July 13<sup>th</sup> – July 19<sup>th</sup> 2010**

### **Program:**

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Tuesday July 13<sup>th</sup>:

- Hotel check in
- Training sprint and H2H

Wednesday July 14<sup>th</sup>:

- Training slalom
- Training down river

Thursday July 15<sup>th</sup>:

- Time trial
- Head to head
- Award ceremony Sprint / H2H

Friday July 16<sup>th</sup>:

- Slalom
- Award ceremony slalom

Saturday July 17<sup>th</sup>:

- Down river
- Award ceremony down river and over all results

Sunday July 18<sup>th</sup>:

- Hotel check out

(Organizing committee reserves all rights to change program schedule at any time, social events during WRC 2010 will be communicated in a later stage.)

### **Participating:**

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To participate in the Worlds 2010, teams have to pay an entry fee of € 600,00 incl. 6% VAT per team. An additional person is € 200,00 incl. 6% VAT per person.

The entry fee covers July 13<sup>th</sup> till July 18<sup>th</sup> (5 days and 5 nights) for:

- Accommodation including breakfast on the 18<sup>th</sup> before check out.
- Catering facilities (lunch & dinner) starting with lunch on the 13<sup>th</sup>.
- Transport
  - Schiphol Airport – Dutch Water Dreams and back. (For details see chapter transport)
  - Accommodation – DWD and back.
- training & racing sessions including the use of the raft.

### **Team / athletes:**

The maximum number of team members is 5. Additional team members up to a maximum 2 is possible, but will be charged for\*.

All team members must be up-to-date regarding the IRF race rules. We will provide those in a later stadium.

\*Information regarding accommodation for family and friends can be found on the website [www.wrc2010.nl](http://www.wrc2010.nl).

### **Safety:**

Athletes are responsible for all their own rafting equipment and clothing. We suggest good protective footwear, helmet and life jacket (based on IRF minimum standard in the race rules – section J point 1). Weather in July is usually 20 – 25 Celsius / 68 – 77 Fahrenheit and the water temp will be around 15 Celsius / 59 Fahrenheit.

The WRC2010 course at the Dutch Water Dreams is technical, fast moving and continuous. We advise teams to practise technical paddling skills on class 3 and 4 as well as self rescue.

We will have safety teams present at all official training hours. If the safety team feels a team does not have the required skills to self rescue effectively you may be asked to withdraw from the race. This is a last resort but your safety is our first priority. We highly recommended you are comfortable and able to do the following:

1. paddle a 300 meter section of continuous and fast white water level 3 – 4.
2. control and effective self rescue:
  - swimming in an offensive and/or defensive position.
  - be able to judge swimming into eddy's by using the current, without help of throw lines or paddles!
  - Understand how to unpin a raft without using ropes.

For those who prefer training under the supervision of a trainer/coach but do not have one available please contact the organising committee. Together we can look at the training opportunities for your team to make sure you will manage the skills for the Worlds 2010.

Athletes are responsible for their own insurance in case they are injured during the WRC2010.



## DUTCH WATER DREAMS

### **Transport:**

The organising committee will arrange transportation from Schiphol Airport to Dutch Water Dreams v.v. at set dates and times! Exact schedule will be communicated depending on the in-/outbound flight schedule of various teams.

Transportation outside the set times and dates will need to be arranged by the athletes themselves. The organising committee can arrange taxi services from Schiphol Airport to Dutch Water Dreams.

Tariffs applicable upon availability:

Schiphol Airport Amsterdam– Dutch Water Dreams

16 persons bus with driver	€ 165,00 incl. VAT (one way)
8 persons bus with driver	€ 112,50 incl. VAT (one way)
3 persons taxi with driver	€ 85,00 incl. VAT (one way)

Bookings can be made via the organising committee.

Transport by train is also an option. It will take approximately 1 hour from Schiphol to Zoetermeer. If you would like to come by train, you can plan your trip on the Dutch Railway website: <http://www.ns.nl/cs/Satellite/travellers>.

### **Hotel and catering facilities:**

Accommodation will be arranged from July 13<sup>th</sup> till July 18<sup>th</sup>. Additional hotel reservations prior and after the event can be arranged at NH Hotels Zoetermeer through the organising committee\*.

Tariffs up from July 9<sup>th</sup>:

Double room	€ 65,00 per night.**
Extra persons	€ 5,00 per bed per night.***
	€ 7,50 per bunk per night.***

\* Upon availability

\*\* Prices are inclusive breakfast and city tax.

\*\*\* Up to a maximum of 2 extra persons per room and upon availability of extra beds and bunks. Prices inclusive city tax and exclusive breakfast (€ 2,50).

Catering will be provided from July 13<sup>th</sup> till July 18<sup>th</sup> and consists lunch and dinner. Breakfast is included in the hotel facilities of NH hotels, and will be served after every night of accommodation.

### **Additional training sessions:**

Additional training sessions prior to the World 2010 can be booked via Dutch Water Dreams. Please find prices and conditions in the attachment.





**DUTCH WATER DREAMS**

**Application form:**

Teams can find the registration/application form attached. Please fill in this form and return it to [info@wrc2010.nl](mailto:info@wrc2010.nl). **Deadline for application is April 1<sup>st</sup> 2010.**

**Contact:**

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